

From National Participants

“The most motivating aspects during the exposure visit were unity amongst members, the understanding and the bond that the members share and their levels of confidence. During the interaction I could learn that members themselves are involved in the business planning process and therefore are in a better position to implement the same, which leads to success of their micro-enterprises. The best part is that the trainings that members avail here are not bookish but practical for which credit goes to SEWA Manager Ni School who has devised such an engaging pedagogy; moreover this training support stays with them till the time they implement their learnings. Once we return we would also start working with such an integrated approach and try to strengthen our business plan.”

- Shankarsinghbhai Samant (Uttarakhand)

“After visiting SEWA, I can say that I have learnt so many things here. If we can replicate even 20 per cent of what we have learnt here, then we will consider our visit as successful! I am extremely impressed upon seeing the organizing skills and strength of the SEWA sisters. Currently we have a membership base in only a few villages. But once we return we would try to organize more people from every possible village of our district. Observing how well illiterate women are managing the Tree Growers’ Cooperative at Ganeshpura is extremely inspiring and it shattered our myth that managing is a task that only educated people can do. My most important takeaway from this exposure visit is to invest in training the grassroots members and turn them into managers, just like SEWA Manager Ni School does.”

- Koshaben Bhatt (Uttarakhand)

“We are grateful to SEWA Manager Ni School for preparing such a comprehensive training program for us. This training was like a nursery to Grade X education for us as we learnt everything - time management, money management, skills, values, etc. - in these 45-days! Besides tailoring we were also taken on exposure visits to Ganeshpura and Surendranagar and had the opportunity to interact with the salt farmers and also gained an insight into the Anubandh (100-mile) concept of SEWA Founder Elaben Bhatt. Time flew by for us. The rural home stay experience was also amazing.”

- Laxmiben Nepal (Sikkim)



“Currently, I am running a small enterprise i.e. flour mill and against grinding various grains and pulses, I charge INR 3 to 4 per kilogram from my customers. My earning from this enterprise is around INR 1500 to INR 1700 per month. To start this enterprise I availed of a loan of INR 40,000 from my group and constructed a shed. I used to operate the flour mill but was unaware as to how to manage my enterprise which I learnt from this training provided by SEWA Manager Ni School. In one of the sessions, we were taught how to manage a group enterprise. I was very impressed with that session. Now, I manage my enterprise in such a systematic manner, that my performance and income both have increased.”

- Mayaben Bishnu (Sikkim)

“I never paid any attention to the way I looked or presented myself in front of others. After undergoing the training I have come to realize that the way we look, the manner in which we conduct ourselves, the way we communicate all creates an impact on our overall personality. I have learned how to communicate effectively and thanks to SEWA Manager Ni School I am confident that now I will be able to present my points in a better manner.”

- Manjulaben (Rajasthan)

“I could not even write properly – when I put my signature if my one alphabet was in Sagwara the other one landed up in Dungarpur! Neither could I open my mouth nor step out of my house. It was only after undertaking the Communication Training delivered by SEWA Manager Ni School that I learned how to write. Now the people in my village have nicknamed me ‘Vasundhare Raje’!”

- Kankuben S Damor (Rajasthan)

“Earlier I could not stand up and speak in front of five people also. But after attending the Personality Development Training by SEWA Manager Ni School I have gained confidence which was proved by the thundering applause which I received on two different occasions - when I recited a poem on Janmashtami in our village; and when I gave a farewell speech at my school during the retirement of my grandfather.”

- Devyaniben R Bunker (Rajasthan)



“We do not learn anything by sitting at home and doing nothing. Nobody will come and train us at our homes. We need to take the first initial step. I have learnt so much after this training. I always knew the importance of water but it was in this training that I learnt - how to keep water clean, how to ensure that water does not get contaminated, aspects to keep in mind at the time of washing utensils and cleaning the kitchen/toilets, how essential it is to wash vegetables/fruits/hands before cutting, cooking or eating, how to wash clothes and dry them under the sunlight etc. I am extremely satisfied with the WASH Training conducted by SEWA Manager Ni School as this training has provided me with good experience. I want to take forward this knowledge and train other sisters and committee members. I am a master trainer and keen to prepare a cadre of master trainers who would take the trainings ahead.”

– Shanuben Ahari (Rajasthan)

“I learnt through this Time Management Training conducted by SEWA Manager Ni School how I waste my time – by blindly working without proper planning. Due to this not only does my work get spoilt but time is also lost and my livelihood is affected too.”

– Ashaben Parmar (Rajasthan)

“I learnt from the Effective Personality Training Program, why and how to keep my nails, teeth and hair clean. This training by SEWA Manager Ni School is very important for me because if I follow hygiene and remain well-groomed then my children too will observe and learn the same and their personality will develop accordingly.”

- Urmilaben Ahari (Rajasthan)

“We go to various villages to deliver WASH Training/s – unfortunately not all of them have facilities to run the videos, a power point etc.; in fact many of them lack electricity also! In such a scenario instead of returning without having achieved our objective we can deliver a basic training through the points and diagrams captured on chart paper, narrate a story, conduct a group activity or carry out a role play. SEWA Manager Ni School Master Trainers taught us this important lesson during the past two days”

- Seemaben Kataria (Rajasthan)



“I found today’s E-ROTI Training by SEWA Manager Ni School to be extremely interesting. We learnt a lot of new things about listing our products on the e-platform right from - how to identify which products to list; how to increase our sales; the costing process which will enable us to arrive at the correct product price; what, when and why to offer discounts; how important it is to maintain stock inventory else we may lose out on online business and lots of other important points. I wish to implement this training as I would like the products of my State to reach each and every corner of India!”

- Boinuben (Nagaland)

“I have completed my schooling from the village school but dropped out post Grade XII because my family was unable to support my further studies. As I got married at an early age, the responsibility of the daily operations of my house rested with me. Just two months back I attended an orientation session for Digital Financial Literacy which took place in my village. Thankfully, I found it easy to understand the topics mentioned during the orientation and realized that they were all extremely useful and interesting. Soon after the orientation, I got in touch with the MT to learn about digital transactions. I shared with her that just because I cannot operate my bank account regularly (with my bank being located quite far from my village) I end up losing interest due to my inability to regularly travel to the bank to deposit money in my account. I then learnt how to use the ATM card which I already had but had never used till then as I was not confident about using it safely. To be honest, I was continuously worried that in my greed for saving my time, I might end up losing money! But when I attended the training, the simple and easy way in which the ATM Card Demonstration was explained really eased my stress. There is no ATM kiosk in my village but thanks to the availability of Micro-ATM Machines with the Banking Correspondents in my village, I am now able to use my ATM. I am grateful to SEWA and the World Bank for providing me with this wonderful opportunity to learn about various digital transactions through machines and also through smart phones. Next on my list is learning and gaining expertise about using smart phones for digital transactions. This knowledge will be extremely valuable for my family and the other sisters in my village.”

- Minicaben Kharsyntiew (Nagaland)

“We were unskilled but SEWA Manager Ni School made us technical persons!”

- Kalpanaben Khush (Himachal Pradesh)



“I am a member of SEWA since the past 15 years and am habituated to the traditional mode of classroom trainings. Attending and learning through online training was a totally new and challenging concept for me yet I found it extremely interesting. It makes you feel that your trainer is right in front of you and teaching you. I found the online training very engaging.

These days everyone uses smart phones but it was during this training only that I came to know about so many new features of smart phones and also learnt how to use these features. I am thankful to SEWA and the World Bank for providing me with this opportunity to attend online training and learn how to use my smart phone ‘smartly’!”

- Kapilaben Vankar (Gujarat)

“We have been trying to fix up this Report Writing Training since the past one year but it was just not materializing! This time everything has fallen in place and at the right time too – as we will need to submit our annual reports hence this training will be very useful. We learned crucial points like how to start and end a report, how to divide it into subject-specific paragraphs etc. Thank you from the SEWA Bodeli Team to SEWA Manager Ni School for delivering this training!”

- Purnimaben (Gujarat)

“I attended the training as I lack in confidence. When it comes to talking to anyone although I have subject knowledge yet I get so nervous that I am unable to speak a word! I enrolled for this training by SEWA Manager Ni School to build upon my confidence and enhance my ability to talk comfortably in front of others. I do not want to sit at home but I want to work with SEWA and help my parents. My long term plans are to join the Indian Police Service and serve my nation.”

- Nishaben (Gujarat)

“I have learned through the Personality Development Training Module - how to listen to others, be calm, not back answer elders, respect everyone etc. I have given up wearing high-heeled sandals also the reason being I deliver training programs at Swami Vivekananda College so am conscious about the fact that if I don’t practice what I preach then it may not have the desired positive effect!”

- Sapnaben L Chauhan (Gujarat)



“This training will be extremely beneficial to me in my work and in my life as it covers simple but important subjects like how discussion can resolve conflicts peacefully and enable us to take correct decisions; how to alleviate stress; how to manage your time and more important how crucial it is to give time to yourself; points to keep in mind before investing your money etc. I am grateful to SEWA Manager Ni School for giving me the opportunity to be part of this PACE (AAVKAR) Training.”

– Rashmikaben Parmar (Gujarat)

“What I learnt from this training was that before I go ahead and deliver training/s my basics should be absolutely clear. And I shall ensure that I give my 100 per cent to whatever I do. I really liked the training methodology and the thrust laid by the SEWA Manager Ni School Trainer on how to positively face critical situations in life”

- Hiteshaben Jhala (Gujarat)

“I have been working with SEWA since the last 20 years and am currently selling RUDI products (spices). I attended the ROTI Training conducted by SEWA Manager Ni School and I am so glad that I did so! Earlier I used to face a lot of difficulty in selling. Compared to the market, the cost of our product is high, the quality is good and the weight is more too. Earlier I was not able to point out these differences but now I am able to convince my customers easily. I conduct a live demonstration by showing the products – measuring and weighing the products in front of them; and then I explain to them that even though the cost of the RUDI product is high the quality is better. I have learnt that if the shop is located at a central place, the packaging is good and the products are kept in an attractive manner then the customers will notice and buy the product. My customer interaction has become better as I behave with them in a nice manner”.

– Chanchalben Jagdishbhai Vania (Gujarat)

“Today the AAVKAR Lead Master Trainer taught us about Time Management. The tools and methodology were so simple, easy-to-understand and engaging. I am fully geared up to deliver these Modules in and around my village. Thank you to SEWA Manager Ni School for making me a part of this interactive Training Program and giving me the opportunity to make a difference in the livelihood of women around me!”

- Savitaben Balwantbhai Thakore (Gujarat)



“I am a rural home stay (Hum Sab Ek) host. There was a time when I had absolutely no source of livelihood today thanks to SEWA Manager Ni School and the Hum Sab EK Program, I have just returned from the land of dreams – USA!

Guests from across the country and the globe stay at my house – we may have fewer facilities but we more than compensate for that with our warm hospitality! For us ‘Guest is God’ so we go that extra mile to make them comfortable. Currently two of the houses of my village are uploaded on the Airbnb Portal but we are planning to add more houses.

Hum Sab Ek is a platform for exchange of mutual cultures. Till date I have housed more than 250 guests and earned a substantial amount of rentals.

I shall always remain indebted to SEWA for all that it does for embroidery artisans like me...”

- Gauriben Maharaj (Gujarat)

“I am myself educated...a graduate. Till date I have passed all my subjects with a distinction, barring English – in fact it was my poor scores at English which adversely affected my overall academic performance! Today I am extremely happy that SEWA Manager Ni School has provided me with the opportunity to go back to my academic roots and study and properly learn English!”

– Kaminiben (Gujarat)

"I gained a lot from attending this capacity-building workshop for Core Master Trainers conducted by the International Finance Corporation. I learnt how to become a better Lead Trainer and how to aim for more and achieve more in life. I learnt how to provide feedback to a fellow trainer during her training; and things to keep in mind while sharing feedback so that my peer too becomes a better trainer and is able to deliver training more effectively. I also learnt how to better my trainings and how to work cohesively during a training session."

- Jyotsnaben Makwana (Gujarat)



“I am 20 years old and a SEWA Member since four years. I look after the online marketing of SEWA’s weaving products. SEWA Manager Ni School has provided me with lots of opportunities through trainings like – Personality Development, Marketing and recently English. I am grateful to SEWA Manager Ni School and feel that other women too should access these opportunities and strengthen their livelihood. Today when I see the beautiful products woven by my grassroots sisters reaching every part of the country I feel so proud and am now aspiring to move from .in to .com (India to World). I am also a part of SEWA’s rural homestay program ‘Hum Sab Ek’ and the English language skills help me to connect with my guests and online buyers and serve them better. At SEWA one thing leads to another and in this way a circle of opportunities is created – we as members simply need to learn how to make the most from them! Thank you, SEWA Manager Ni School for building our skills to do so!”

- Muskaanben Vora (Gujarat)

“The Retail Opportunity Training Initiative (ROTI) training has made a significant positive change in my personal, professional and social life ...I am thankful to SEWA Manager Ni School and Walmart that I got an opportunity to avail the ROTI Training. It has impacted me financially; and there has also been a radical change in the way my community members and especially my two sons look at me. I have learnt so much from this training and I am applying the learnings in my day-to-day business and personal life. I sell agro-products; and sharing with customers - the way the products are produced, who the producers are, highlighting the quality/hygiene factors, etc. - is helping me to sell more products resulting in a perceptible increase in my earnings.”

- Chandrikaben Rathod (Gujarat)

“I genuinely learnt a lot in these two days – the role of a trainer; positive and negative effect of decisions; golden rules of training; need for respecting each participant; the one-breath exercise; group activities; et al. The visit to Motaben Gallery and Khadi Museum provided me with a new insight into SEWA’s values.

This training delivered under the Cotton Connect Program will help us strengthen the small and marginal farmers. All the points were nicely covered in a short span of two days. Thank you to SEWA Manager Ni School and congratulations on delivering such a great program!”

- Ishwarbhai T Dholakia (Gujarat)



"Thanks to the Leelavati-II Training, I now know how to download apps from the Playstore. I have a Gmail ID now that I use to participate in virtual meetings. Not only this, I also watch You-tube videos to learn new ways of making string decorations, something that I am fond of. This has helped me sell more designs and earn extra money. I have started making payments using Paytm from the comfort of my home instead of meeting people and handling cash and risking infections. And to think that, three months ago, before I availed of the Leelavati trainings being conducted by SEWA Manager Ni School, all I knew about 'digital' was how to pick and disconnect calls!"

- Jayshreeben Gharoda (Gujarat)

"Prior to AAVKAR, I was a petrified woman scared to open her mouth in front of one person also! But today thanks to the Gap Inc P.A.C.E AAVKAR Training I have gathered the courage to speak out and am happy and proud to say that I provide training to 20-25 sisters in a group ... and get very positive feedback for my presentation and explanatory skills too! My family, friends and contacts also share that there has been a radical change in my personality – I owe this and my success as a master trainer to SEWA, SEWA Manager Ni School and this change-maker program of Gap Inc P.A.C.E."

– Dhanlaxmiben Natwarbhai Tadvi (Gujarat)

"I recently availed of three trainings from SEWA Manager Ni School – Member Education and Values; Community Based Organization (CBO); and Health and Hygiene. While the first training helped me gain an insight into the framework and history of SEWA and the Gandhian Values which members abide by and which we chant in our SEWA Prayer too; the training on CBO Management enabled me to learn how to run community-based federations; and as we all know maintaining personal, household and community hygiene are of key importance especially during the on-going pandemic so the training on Health and Hygiene couldn't have come at a better time! I am now disseminating these trainings to other grassroots sisters to ensure that they too can improve their lives."

– Manishaben Goswami (Gujarat)

"I feel the knowledge gained through this AAVKAR Training can help us a lot in our day-to-day lives. We can solve many of our problems easily using the information learnt during the training. The topics are very practical and I can relate them to both my personal and work life. Not only am I going to share with my family members all that I have learnt; but I am also going to train my community sisters so that they too learn, implement and grow in life"

- Nehaben (Bihar)



“Thanks to the training program conducted by SEWA Manager Ni School, I learnt - how to do business, how to represent one’s opinion, how to carry oneself in terms of dressing and speaking, what are the different avenues where one can sell, how one can sell, how can one gradually increase the sales and achieve growth and profit.”

- Rajawantidevi (Bihar)

“I learnt how to plan my activities and prioritize work as per timelines in the Time Management Training provided by SEWA Manager Ni School. I also learnt that it is very important to delegate tasks as per the abilities of members as it is not possible for me to perform all the tasks at hand; however there are some tasks which I need to perform myself and cannot delegate. I also understood that we must give a chance to our members to grow, we must have trust and faith in them, and we must give them the responsibility of achieving their tasks and targets. I learnt that it is extremely important for me as a leader to be aware of the qualities, strengths and weaknesses of all the members of my entire team; what work they will be able to perform and how to assign work to them as per their capability.”

- Sunainadevi (Bihar)

“SEWA Manager Ni School taught us the importance of working as a TEAM and the advantages that we gain if we work together. We understood that if we work alone then we may be unable to achieve and complete all the tasks at hand; but if we work together as a team we can complete tasks on time as well as do more amount of work and earn more.”

- Sumuben Bhuyan (Assam)



From International Participants

“SEWA it’s incredible what you are doing and I hope I can bring some of your work to my NGO partners”

- Sister Nyasha Chidzero (Zimbabwe)

“I have been with this Cooperative since the past six years. In this 10-day training I learnt how to take forward our Cooperative and what activities to incorporate for the same – for this I am grateful to the SEWA Manager Ni School Facilitators. I really liked this training because it helped us to do an honest SWOT Analysis of ourselves and our Cooperative. The home stay at Mehsana made us realize that simply by keeping our eyes and ears open we can come across various livelihood options without stepping out from our home. The field visits were also extremely informative as we learnt about – savings groups and the loan system; credit; how tobacco is grown; weaving industry etc. We also received bakery training and learnt to make new items which we can replicate in our restaurant back at Sri Lanka and serve to our tourists. This training was extremely helpful and we shall cascade this training to our needy sisters back home and will strengthen their livelihoods. We are grateful to SEWA for this training and to our translators for ensuring that we could understand and imbibe the contents of this training.”

- Sister Thillainadarasa Jeyarathany (Sri Lanka)

“I really liked and learnt a lot from the record keeping training provided by SEWA Manager Ni School. We currently do not keep any record of materials, inventory, accounts of costing, profit or loss as till date we never realized the need for doing so. If anyone was to ask me regarding whether I have made a profit or loss I wouldn't have a clue to the same. But now I feel that is really essential to keep record of all costs that have been incurred. We so far sell at quite a random price. What we actually need to do is to calculate the costing of the product, keep record of the raw materials procured by us and consider all the costs before deciding the final selling cost.”

- Sister Parveenbibi (Pakistan)



“I will be able to conduct leadership training now as the SEWA Manager Ni School trainer delivered the ToT in an engaging and easy-to-understand manner. I also learnt - how a leader should be, the qualities that a leader should possess, how to work with the team, how to take the team forward, how to be confident and increase their trust, how to be fearless, how to understand the team and provide team support on a continuous basis. The different stories used during the training were very effective and had a deep impact on learning.”

– Sister Naseem Muhammad Rafique (Pakistan)

“All the sessions in the training conducted by SEWA Manager Ni School are interlinked and so are in the flow which makes understanding easy for grassroots members”

- Sister Javeria Ejaz (Pakistan)

“The best thing about the training programs conducted by SEWA Manager Ni School is that each activity has its own learning. To be honest we did not find a single point worth criticizing about the Master Trainers. The master trainers played their role beautifully. We will also adapt the technique of summing up all the sessions and activities the way it is being done at SEWA Manager Ni School.”

- Brother Kamran Azim (Pakistan)

“Initially I was not very clear about planning things but the training on time management imparted by SEWA Manager Ni School has given me a vision on how to plan things. I learned how to make business plans for the crafts, taking note of the smallest details that cannot be overlooked. It gave me a much clearer insight on how we could link our craft to the market.”

- Sister Ruqia Anwar (Pakistan)

“Everything covered in the training provided by SEWA Manager Ni School was important, but for me the most relevant modules were Teamwork and Anubandh. I run a village café through a 30-member team. From this training I learnt how to allocate work as per the strengths and weaknesses of the member so that work can be completed faster and within the given time frame. I shall incorporate Anubandh by linking up the agricultural cooperatives in the nearby villages to the village café so that we can generate local employment by buying the essentials produced by these groups.”

- Sister Haridevi Shrestha (Nepal)



“The Master Trainers of SEWA Manager Ni School explained complicated accounting operations in such a simple and easy-to-understand way!”

– Sister Nirmala (Nepal)

“Every time we come to SEWA we learn something new and useful! I feel like taking SEWA with me to Nepal so that we can daily absorb this knowledge right at our doorstep! In this two-day training topics like – seed quality; techniques to mitigate natural and human risks in agriculture; and integrated agri management were explained in a simple and easy-to-understand way by the SEWA Manager Ni School Master Trainer. I really liked the unique way in which the training program was delivered by the SEWA Manager Ni School Master Trainer, especially the ways in which the training was made more engaging by deploying tools like stories, videos and field visits”

– Sister Kabita B K (Nepal)

“The most important thing that I learned here was that being a part of the union lends one a powerful voice. I learned many new things in the training since I have not taken any training so far. I liked the PRA training in which the issues of the farmers were addressed quite well. I also learned how to do basic accounting. I am extremely thankful to SEWA Manager Ni School for providing us with such excellent training.”

- Sister Dev Maya Limbhu (Nepal)

“I liked the training given by SEWA Manager Ni School very much. The methodology adapted was very unique. We understood concepts with the help of games and visuals. Moreover every member got an opportunity to express herself. This has uplifted the self-confidence of women to a great extent. I learned how to form groups and the way a leader should work for the group and how to develop schemes to empower women. I also learnt how to solve the problems of the village people. I am very thankful to SEWA that I got this opportunity to learn so many things which will be of great help in my life.”

- Sister Purnima Shrestha (Nepal)



“Through this exposure visit organized by SEWA Manager Ni School, I learnt that the activities carried out by SEWA are quite similar to the ones carried out by my organization. However the approach to work is different. This exposure visit brought to light many good features like - how SEWA functions keeping the 11 questions in mind; the structure that is followed; the capacity building training provided to the future leaders of SEWA; the way RUDI is set up to support agriculture sisters; etc. I also liked how SEWA, keeping in mind technology and the needs of the young generation, is gradually moving towards digitization. Upon my return to Myanmar I am going to share all the knowledge gained and my experiences with the rest of the team members. We shall then brainstorm on ways as to how we can work better towards empowering our members.”

– Sister Tin Ko Ko (Myanmar)

“I learned that teamwork bonds people together, helps fill in the deficit gaps and makes the path smooth leading to drop in stress. When I return to Kenya I shall reconstruct our strategic and business plans to a simple and easily-understandable format just like the ones SEWA Manager Ni School uses.”

- Sister Banis Wairimu (Kenya)

“Technology can help market and promote a product better and faster. My take-away/s from this training program by SEWA Manager Ni School – always have a backup plan ready; use basic resources for production; networking is a strength; decision- making should always be participatory.”

- Sister Veronicah Kemunto (Kenya)

"I came to know that whatever I have been doing daily till now was not properly planned and prioritized. After attending this training by SEWA Manager Ni School I have learnt the importance of time, how to plan my work, set goals, how to achieve goals on time. This training helped me to realize how I can manage my time in a more better and efficient manner. I would like to take this opportunity to thank SEWA Manager Ni School for conducting this training. I have really learnt a lot."

- Sister Sonam Dolur (Bhutan)

“I got to understand how to do costing, how necessary it is to keep all the costs in mind and now we will be able to do proper costing considering all the costs incurred. I liked the training on group management and will create groups once back in Bhutan. Thank you SEWA Manager Ni School for building our capacities in these needs-based areas! ”

- Sister Tenzin (Bhutan)



“All that I learned during the two-day Leadership Training was extremely important. Till date I used to always take decisions very quickly. But through the snake and mongoose video in the workshop, I realized that decisions should be taken after deep thought. I shall apply this to my personal and professional life and am sure that it will help me perform better as a leader.”

- Sister Maria Hamidi (Afghanistan)

“During our 45 days training at SEWA-Gujarat we not only received skill-based trainings on Garmenting and Food Processing but we were also trained on how to present, promote and sell our finished products in the market by the SEWA Manager Ni School. So it was like an A-to-Z program for us!”

– Sister Najeba Nuri (Afghanistan)

“In today’s training by SEWA Manager Ni School I learnt about marketing, business, tips in business and marketing, marketing mix, how to run a business, importance of people in business, leadership, risk, product diversification, advertising and promotion. For our progress it is important to work as a team. On my return I want to become a good leader and a good trainer. I want to earn more – increase my income - so I can take proper care of my family and self. I also want to help other sisters so they too grow and do well in life.”

– Sister Shugufa Sadiya (Afghanistan)

“I have seen different activities of SEWA and have taken trainings on food processing. I learnt how to make pickles and jams. I also learnt how to market them and produce as per the demand. Some other important learning/s that I am taking back from SEWA Manager Ni School are on how to work in a group and how to do collective production in order to be able to take up large orders. Through this training, I would be able to increase my earnings, and thereby will be able to educate my children. This will bring an improvement in our lives. I plan to teach other sisters in Afghanistan all that I have learnt here. This will help bring a positive change in their lives too.”

- Sister Hamida Mohammad Zamir (Afghanistan)



“I have learnt a lot during my visit to SEWA. I have taken training in stitching but after coming here, I learnt a lot from the garmenting training program. I can now stitch pants and shirts quite well and can apply fashionable buttons too. With my improved skills, I will be able to get more work when I go back home and obviously will be able to earn more. I am very thankful to SEWA for providing me with this wonderful training.

One important thing that I learnt from SEWA Manager Ni School is how to choose a good leader. What are the qualities in a good leader? Now when I have to elect or select a leader, I would look for those qualities and then only give my preference.”

- Sister Safoora Mir Alam (Afghanistan)

“All the trainers of SEWA Manager Ni School were good. I now have a clear understanding of - planning, marketing, government linkages, food processing, saving et al. Garment making is the subject of my interest. I got plenty of information and learning in this topic. The trainings provided would enable me to take forward my work.”

- Sister Nafishajan (Afghanistan)

“I liked the trainings provided by the SEWA Manager Ni School Team on - business planning, working in a group, management and costing. I could also avail a good experience thanks to the exposure of district associations. We will surely explore this for Afghani members.”

- Sister Zafiyajan (Afghanistan)

